

THE BOOK OF  
**ROMANS**  
YOUTH GROUPS

WEEK 21: CHAPTER 7  
FEBRUARY 2<sup>ND</sup> - 8<sup>TH</sup>

## HEAR

**HIGHLIGHT:**

WHAT IS IT THAT STOOD OUT TO YOU?

**EXPLAIN:**

FROM THE HIGHLIGHTED PASSAGE ABOVE EXPLAIN WHY IT STOOD OUT TO YOU.

**APPLY:**

WHAT WOULD THE APPLICATION OF THIS VERSE LOOK LIKE IN MY LIFE?

**RESPOND:**

WHAT'S NEXT? WHAT IS THE GOD MOVING YOU TO DO?

## YOUTH GROUP NOTES

## GROUP TIME

**ROMANS 7:19-20**

- WHAT DO YOU THINK ABOUT THIS?
- HAVE YOU EVER DONE SOMETHING WRONG THAT YOU SWORE YOU WOULD NEVER DO?

**ROMANS 7:24-25**

- WHY IS IT IMPORTANT TO UNDERSTAND THIS?

**WHAT DO YOU THINK?**

- WHY DO YOU THINK IT IS SO IMPORTANT THAT WE FIGHT AGAINST TEMPTATION WITH THE HOLY SPIRIT INSTEAD OF OUR HUMAN NATURE?

**WHAT CAN WE DO?**

- WHAT CAN WE DO TO HELP KEEP ONE ANOTHER ACCOUNTABLE AGAINST OUR SINFUL DESIRES?

## LIVE IT OUT

SELECT AT LEAST ONE ACTIVITY BELOW TO COMPLETE BEFORE NEXT WEEK:

**PRAY:** OVER THE NEXT WEEK PRAY THAT GOD WOULD GIVE YOU THE STRENGTH TO FIGHT THE TEMPTATIONS THE ENEMY THROWS AT YOU. PRAY THAT EVEN WHEN THE TEMPTATION FEELS LIKE IT IS TOO MUCH FOR YOU TO HANDLE THAT YOU WOULD LOOK TO JESUS FOR HELP.

**MEMORIZE:** COMMIT ROMANS 7:19 TO MEMORY AS A REMINDER THAT TEMPTATIONS WILL COME BUT WE DO NOT HAVE TO GIVE IN TO SIN.

**ENCOURAGE:** IF YOU DON'T HAVE AN ACCOUNTABILITY PARTNER IDENTIFY SOMEONE IN YOUR YOUTH GROUP THAT YOU COULD HELP EACH OTHER FIGHT AGAINST TEMPTATIONS. REMIND EACH OTHER THAT YOU HAVE ALREADY BEEN FREED BY CHRIST. WHEN YOU FEEL OVERWHELMED BY TEMPTATIONS, FOLLOW PAUL'S EXAMPLE AND THANK GOD THAT HE HAS GIVEN YOU FREEDOM THROUGH JESUS AND THROUGH HIS POWER YOU CAN HAVE VICTORY OVER SIN.